

## It's great four club

### Swimming

ATLANTIS swimming club competed in the final gala in the Essex Swimming League and finished a creditable fourth in Division 4.

The league is an annual competition for Essex-based swimming clubs which runs over four separate galas.

Atlantis joined the league for the first time in many years and there was some tough opposition.

Division 4 included strong teams from long-established clubs Barking & Dagenham Aquatics, Epping Forest and Harlow Penguins.

Head coach Steve Turner said: "We improved our points total in each gala which is a reflection of the hard training by the swimmers and the extra pool time that has been made available to the club by Dunmow Leisure Centre.

"The galas are very competitive but fun and develop a great team spirit."

The club will be entering the same league next year and are hopeful of gaining a top three place.

For information on the club which also has development and adult sections visit [dunmowatlantis.co.uk](http://dunmowatlantis.co.uk)



Atlantis' Essex Swimming League squad.

Picture: Submitted