



■ Saskia Proud and Meghan Maybanks are presented with their Jack Petchey awards.

Picture: SUBMITTED

## Club honours 'very worthy winners' at awards

Presentations of Jack Petchey Awards have been made to "very worthy winners" at Dunmow Atlantis Swimming Club.

Saskia Proud won the award for October while Meghan Maybanks picked up the accolade for November.

A club spokesman said: "Saskia received the October award because she coped amazingly with the training on swimcamp and overcome some personal difficulties."

### SWIMMING

Meghan qualified for the 2013 Nationals BAGCATS Championships, held at Ponds Forge Pool, Sheffield, in the 12 years girls 100m Back and 100m Freestyle.

She achieved qualification for the event at the east region 2013 championships - the first Atlantis swimmer to reach this pinnacle in

the sport.

Meghan currently has 11 event qualifying times for the 2013 Essex Winter LC Championships which will be swam at the end of this month, having gained the gold medals in the 2012 Championships in four of the events (50m, 100m Backstroke and 50m, 100m Freestyle) in her age group.

She has qualified for a total of 14 events in the girls 13 years age group at the 2014 Essex County Age

Group, showing her true versatility in the sport.

Meghan is awaiting the revised qualification times for the 2014 East Region Age Group Championships.

Head coach Steve Turner said: "While showing her competitive spirit in her races, Meghan is a very unassuming girl and is a pleasure to coach."

"I am confident that she will go far in her swimming career."