

Atlantis kids smash 83 PBs

Swimming

SWIMMERS from Dunmow Atlantis enjoyed a memorable weekend as they took part in two galas.

The younger swimmers had an open meet in Bishop's Stortford on the Saturday while the rest of the club were involved in the Halstead open meet held at Braintree on the Sunday.

There were many personal records broken by most swimmers over the whole weekend.

Nineteen young swimmers, aged between nine and 12, took part in the Bishop's Stortford Easter Open Meet on April 13. They swam in a total of 43 races and smashed 33 PBs.

Club secretary Amanda Simmons said: "For many of the swimmers it was their first competitive gala and they wiped as



much as 13 seconds off their previously recorded times, which, over a maximum of 50m, was an enormous achievement.

"It was a great experience and showed the strength and depth in the development and junior squads of the swimming club. As always, the swimmers thoroughly enjoyed themselves and are ready for their next event in May."

On the following Sunday, 19 swimmers aged between 10 and 19 took part in the Halstead 4th Open Meet.

They took 56 medals away from the gala with an amazing 50 PBs and some swimmers beating their county and regional times.

"A great team spirit was witnessed by all and a special thank you goes out to all the coaches who helped the swimmers over the weekend," added Simmons.

Dunmow Atlantis Swimming Club is always looking for new members, and is particularly interested in recruiting boys aged eight-10 years old to join the club's development squad. If you can swim 25m of each stroke (backstroke, breaststroke, butterfly and freestyle), dive and forward roll, please contact club secretary Amanda Simmons on 01371 830822 to arrange a trial or to make further enquiries.