

● PARENTS of swimming club members are organising a fund-raising night at Harlow greyhound track on November 25 from 6.30pm - first race is at 7.30pm. Local companies are sponsoring races, club members are sponsoring dogs, and all ticket sales are being donated by Dave Barclay of Harlow Stadium back to the club. A raffle is also being held on the night for Cancer Research. Tickets prices are £10 adults, 25 children (under-18) and includes an evening ploughman's meal. To book call Durren Dack on 07852 335999 or Jane Musgrove on 07711 709459 or e-mail jane@media-ten.com



Dunmow Round Table chairman Toby West (left) presents the cheque to Dunmow Atlantis Swimming Club

Picture: Submitted

Electrifying!

Ambitious club's cash donation is just for starters

Swimming

FUND-RAISING efforts to buy electronic starter equipment for a popular swimming club in Dunmow have been given a timely boost.

Dunmow Atlantis Swimming Club has purchased an electronic starter thanks, in part, to a £500 donation from Dunmow Round Table and money from the seniors club.

Efforts are now being pushed into buying an electronic clock with touch pad sensors - at a cost of £5,000 - to provide more accurate timings.

Club coach Amanda Simmons said: "It is important that we get this equipment because it will better help us to improve the children's abilities, as well as getting times correct.

"It also makes it more competitive and that is something that the children aspire to."

She added: "We are very grateful to the Round Table for their support."

Dunmow Atlantis was formed in 1995 with 25 members. Today it has 130 members, ranging in age from seven through to adult, who work alongside numerous coaches and helpers.

The club, who train at Great Dunmow Leisure Centre, became ASA-affiliated seven years ago and has moved forward leaps and bounds.

The club competes in the Essex Swimming League as well as open galas throughout the year, where some swimmers have achieved county times.

"The standard of swimming at the club has improved enormously since our head coach Steve Turner joined two years ago," said Amanda.

"He has over 20 years experience in coaching competitive swimming. Steve has concentrated on raising the technical standards of the swimmers and producing a competitive gala team.

"We now have a development section where our junior swimmers learn to swim in a competitive environment and then progress into our squad section. This is where the real work starts and they hone their skills and stamina for competition swimming."

Dunmow Atlantis is always looking for new members and welcomes sponsorship and fund-raising ideas.

Call Amanda Simmons on 07870 857866 for information.