

Swimming

Dunmow Atlantis Swimming Club youngsters received Jack Petchey awards at the Uttlesford ceremony at Foakes Hall.

Sir Jack Petchey CBE set up a Foundation in his name almost 20 years ago with the mantra 'If you believe you will achieve' and a vision to recognise the positive contribution young people make to society.

Petchey wanted to support projects across London and Essex and the achievement awards have seen £3.5million invested.

Peer-recognised individual awards of £250 go to winners from clubs and schools across the area and UDC councillor and vice-chair Graham Barker gave accolades to Atlantis members Morgan Harrod, Elijah McHugh, Dylan Nutt, Ethan Reilly, Harriet Smith and Rebecca Watt.

Coach Matt Hart received the Leader Award for his dedication to the club and the winners have chosen to spend their funding on equipment, including resistance parachutes and pace clocks, plus training at the London Aquatic Centre.



Dunmow Atlantis Swimming Club's Jack Petchey award winners with Cllr Graham Barker.