

# Maybanks crowned county champion



■ Meghan Maybanks set a new record in winning 50m freestyle gold



■ The girls 200m medley relay team of Grace Mellor, Chloe Moloney, Rebecca Watt and Katie Musgrove were sixth at the Essex County Championships

## SWIMMING

Dunmow Atlantis Swimming Club again showed just how far it has progressed in a year following a superb display at the final block of the Essex County Championships.

The club can boast of another county champion in 14-year-old Meghan Maybanks who took gold in the girl's 50m freestyle.

In taking top spot, Maybanks set an event best time of 26.99seconds, breaking the previous record held since 2011 of 27.23 seconds. She also took silver in the 50m backstroke.

The club claimed 63 personal bests, 10 new East Region qualifying times, 14 improved East Region qualifying times and 13 club records.

In addition the squad took 32 top eight placings, four silver medals and Maybanks' gold.

The Dunmow swimmers proved their worth against the biggest clubs in the county over the two day event.

Atlantis head coach, Steve Turner, said: "Congratulations to all swimmers in attaining our best ever achievement at county level, finishing 10th in Essex.

"Also well done to all our coaching staff for the excellent progress made over the past 12 months."

There were two silver medals at the championships for Josh Smith who reached the podium in the 50m freestyle and 200m backstroke.

The club's final silver was won by Louis Spong in the 200m breaststroke.

■ Visit [www.dunmowatlantis.co.uk](http://www.dunmowatlantis.co.uk) if you would like to find out more about this small, friendly club.

■ Josh Smith with one of his two silver medals

