

Atlantis swimmers take league plunge



■ Dunmow Atlantis Swimming Club's youngsters had a big weekend of action in the pool

SWIMMING

Dunmow Atlantis Swimming Club had another busy weekend competing at two league galas.

On Saturday night the squad took part in the third round of the Essex League at Basildon where they performed admirably.

Having taken a second place then top spot in the first two rounds, DASC were determined to keep up the momentum.

Some superb swimming and the usual team spirit ensured the squad enjoyed plenty of success as they competed in a variety of events.

Despite stiff opposition, the club showed what a classy act they are by coming a very close second to a strong Basildon squad.

The final round will be held next month, where the club hope for

further success and possible promotion to the next league.

On Sunday it was the turn of the younger swimmers, who took part in round two of the Junior Swimming League held at the Braintree pool.

The swimmers competed against six other clubs from the M11 corridor, with many outstanding performances against tough opposition.

The children, aged nine-12 years-of-age, kept their cool despite the rising humidity.

Many swimmers gained new personal bests, along with helping the Dunmow side to take a creditable fifth place.

The club is already training hard for round three, which takes place next month.

Visit www.dunmowatlantis.co.uk for more information about the club.

NOTE: DASC came 1st in rounds 1 and 2 of the Essex League galas