

## Swimming

### Dunmow Atlantis had one of their best results at the eighth Eric Shepherd Memorial Meet at Harlow.

Clubs taking part included Epping and Redbridge and it proved a popular gala, with Dunmow picking up 32 medals and clocking 89 personal bests.

Nine young swimmers made their debuts for Atlantis and head coach Darren Tucker was delighted with the squad's efforts.

"Everyone swam out of their skins. They did an amazing job and I am very proud of them," he said.

Dunmow finished third of the 12 clubs taking part, behind Epping and the hosts. And they had no fewer than 14 swimmers inside the top 10 in the top boy and girl categories.

These included Patrick Winnington, Harrison Brooks,



Josh Toms, Bertie Warnes, Seb Vinall, Dalen Kurmanbayev, Maddie Lees, Amelia Barton, Lucy le Huquet, Neve Winnington, Zoe Lloyd-Rossi, Daisy

Russell and Catherine Cox.

Becky Johnson was top girl in the 13 years group, while Patrick Winnington was named swimmer of the month.