

Swimming

Dunmow Atlantis Swimming Club youngsters enjoyed another busy weekend of competition and won medals aplenty.

They took part in the Robin Deal Memorial Meet at Sudbury against clubs from across the area, including Colchester, Bishop's Stortford and Braintree.

And the talented squad combined to good effect to win seven bronze medals and record 10 top-five finishes.

Dunmow's squad included Alice Fearn, Georgia Bishop, Olivia Syddell, Samuel Pertwee, Henry Bishop, Bertie Warnes, Ben Baines, Zoe Lloyd-Rossi, Seb Vinall, Logan Axsel, Dalen Kurmanbayev, Ollie Smith, Heloise Frost, Jodie Thompson, Harriet Ferrari-Robbins and Elisabeth Breeze.

And 10-year-old Frost had more to celebrate as she was named the club's swimmer of the month.

For more information about the club visit their website dunmowatlantis.co.uk.



Dunmow Atlantis youngsters at Sudbury(above) and swimmer of the month Heloise Frost (right)

