



Chloe's gold leads way

SWIMMING

Dunmow Atlantis enjoyed their best-ever finish at the Essex Age Group Championships in another great weekend for the club.

Competing in Block C, the club finished 12th overall, and racked up 41 personal bests from 48 swims, as well as 18 new club records, 22 top eight places, six new regional qualifying times and two improved east region qualifying times.

Chloe Moloney got the Friday night session off to a great start, claiming the gold medal to become girls' 11-year county champion in the 800m freestyle.

Then Louis Spong took the bronze medal, with an improved east region qualifying time, on Saturday.

And the afternoon session on Sunday could not have gone any better, with Samuel Dack, Spong and Moloney all coming away with medals.

Dack took the bronze in the 50m freestyle, Spong the silver in the 200m individual medley, and Moloney the silver in the 200m freestyle.

Other notable swims came from

Meghan Maybanks, Abigail Hart, Rosie Musgrove, Rebecca Maybanks Daisy Herrington, Amy-Rose Ansell, George Simmons, Jamie McLaughlin, Nicole Stanton, Matthew McLaughlin, Calum Latta and Rebecca Watt.

Most achieved personal best times or club records in their respective races.

Club spokesman Darren Dack said the gala serves to highlight the impressive strides being taken by the club.

He said: "A massive clap on the back to all those swimmers who are reaching new levels.

"Just a few years ago we would never have thought it possible, but they are all working harder than ever.

"Everybody is so proud of the commitment and rewards they are achieving.

"Huge thanks also go to head coach Steve Turner, the coaches, volunteers and parents – without them the club wouldn't be where it is today."

For more information about the club, visit dunmowatlantis.co.uk

■ For the full race report, visit dunmowbroadcast24.co.uk