



Left: Dunmow Atlantis youngsters Louis Spong won bronze at the Cambridge Grand Prix event. Centre: Damon Elliot won three gold medals. Right: Meghan Maybanks won gold and two bronze's.

# Atlantis start new season with splash!

**Dunmow Atlantis youngsters have made a flying start to the 2017/18 swimming season.**

Damon Elliot won a hat-trick of gold medals at the Cambridge Grand Prix event, winning his 50m and 100m freestyle events, as well as the 50m butterfly.

Meghan Maybanks won gold in her 50m freestyle, as well as bronze medals in the 50m and 100m backstroke, while Louis Spong took bronze in his 200m butterfly.

Toby Rayner, Jack Richardson, Josh Smith, Maddie Lees, Morgan and Georgia Harrod, Ellie Runnalls, Sam and Rebecca Dack, Matt McLaughlin, Dylan and Ella Nutt, Chloe Moloney and Rebecca Watt also competed as Atlantis recorded more than 20 Essex qualifying times and nine top-three spots.

Atlantis also enjoyed some fine results at their East Region event and more information about the club can be found at their website [dunmowatlantis.co.uk](http://dunmowatlantis.co.uk).