

## Swimming

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### **Dunmow Atlantis came up against tough opposition from across the London area in the first round of the National Arena League at Luton Inspire.**

The annual event is held over three rounds, with over 6,000 swimmers from 400 UK teams taking part.

Dunmow faced Brompton, Harrow, Anaconda, Hemel Hempstead, Aylesbury, Potters Bar and Haringey in their Division One group and after a steady start were fourth after 18 races.

A string of top-three spots saw them move up one place by the halfway stage, level with Aylesbury and Potters Bar.

And encouragement from coach Darren Tucker proved key as they pulled out the stops to finish in a superb second place on 250 points, behind Anaconda.

Dunmow will look to build on their fine start when they compete in round two later this month.