

SWIMMING

National test for top trio

Dunmow Atlantis took to the British and English National Swimming Championships stage with Meghan Maybanks, Joshua Smith and Rebecca Watt proudly representing the Club.

The trio were up against the cream of the crop from all over the UK, but were undaunted.

Kicking off proceedings for the British event, Maybanks competed in her trademark 50m backstroke, 50m freestyle and 100m freestyle races.

She made the finals in both the 50m sprints, finishing sixth and 10th respectively, plus was in the top 20 for 100m backstroke.

Maybanks also qualified for the ASA (English) Nationals swimming in the 50m butterfly and 100m freestyle making the finals in both and finishing ninth overall.

Smith also gained entry into both Championships, coming 24th in the 50m backstroke at the the British Nationals.

He was then eighth in the 100m backstroke and 14th in the 50m freestyle at the English event.

Watt competed at British National level for the first time, but nerves didn't get the better of her as she put in a polished performance in the 50m freestyle to take 17th position overall.