

Swimming

Dunmow Atlantis swimmers enjoyed more success at the Team Ipswich Open meet in Suffolk recently.

The squad travelled in hope of gaining or improving personal bests and East Region qualifying times for later this spring, against the likes of Harlow Penguins, Hackney, Beccles and the host club.

And they produced some outstanding swims to come away with six gold, six silver and six bronze medals during a busy weekend of action.

Swimming for Dunmow Atlantis were Toby Rayner, Ben James, Rebecca Johnson, Patrick Winnington, Maddie Lees, Harrison Travers, Jack Richardson, Rebecca Dack, Daisy Herrington, Ellis McQuade, Dylan Nutt, Evan McQuade and Josh Toms.

For more information about the club visit their website dunmowatlantis.co.uk.



Dunmow Atlantis youngsters in Suffolk.

