

CLUB RULES AND CODE OF CONDUCT – BYE-LAWS

1 Entry to the Club

- 1.1 A swimmer applying for a place in the Club will be invited to an assessment conducted by the Head Club Coach or Assistant Club Coach, who will decide whether to offer them a place. If a place is to be offered, the Club Secretary will offer it on behalf of the Committee.

2 Selection of sessions

- 2.1 The Head Club Coach will determine which sessions swimming members shall attend.

3 Punctuality

- 3.1 Swimmers **MUST** be on poolside prior to the commencement of their session ready to start on time. If a swimmer is late the Club Coach in charge may refuse them entry to the session. Should this happen, the swimmer will sit at poolside during the session until their parents arrive to pick them up.

4 Behaviour

- 4.1 Club members will show respect for all other members and their property. They will also show respect to all members of the Coaching Team, officials, Sports Centre staff, Club and Sports Centre equipment facilities/equipment. The club will not tolerate rudeness, bad language or any form of anti-social behaviour. A club member who persists with this type of behaviour will be asked to resign from the Club – their parents having been informed before such action happens.

5 Dress code

- 5.1 All swimmers **MUST** wear a Club swimming hat during coaching sessions.
- 5.2 All girls **MUST** wear a suitable one-piece swimming costume.
- 5.3 All boys **MUST** wear proper swimming trunks **NOT** swimming shorts.
- 5.4 If a swimmer is selected to represent the Club in a gala they must wear a Club costume and red competition Club hat.

6. Accessories

- 6.1 Swimmers should bring a suitable plastic drinks bottle to training sessions containing water, diluted fruit juice or sports drink.
- 6.2 Swimmers will be expected to bring their own fins to every training session.

7 Regular assessment

- 7.1 Swimmers will be assessed at least twice per year to enable the Club Coaches to determine their progress and provide feedback to swimmers and their parents. Swimmers must make every effort to attend these assessment sessions (often in the form of time trials). Failure to attend may affect swimmers groups and sessions.

8 Club representation

- 8.1 Rules on behaviour (as described above) are applicable when a Club member is representing the Club on site at the pool, at a social event e.g. presentation evening or school event if displaying the Club logo.
- 8.2 Entry to swimming competitions will be determined ultimately by the Head Club Coach.

9 Attendance at Training Sessions

- 9.1 Swimmers **MUST** try and attend all their sessions. A swimmer missing more than 4 sessions in any 12, without valid reasons, may be asked by the Committee to resign from the Club.

10 Resignations

- 10.1 No member resigning from the Club will be due any membership fee refund.

11 Child Welfare

- 11.1 The Club is committed to providing a caring, friendly and safe environment for all our members. The Club has a responsibility to adhere to the ASA guidelines on policy and procedure with regard to child welfare. Should you need to make a complaint or have any concerns with regards to the welfare of a child you must first contact the Club's Child Welfare Officer who will be able to advise you on the most appropriate action to take. In the absence of the Child Welfare Officer you can contact the Chairman or any member of the Committee.